 

**The 11th Annual Fiondella Walk for Fun and Fitness**

Please join us for a morning of camaraderie, exercise, and fundraising!

***8:30 am – 11:00 am***

***Saturday, September 13th, 2025***

***Elizabeth Park across from Pond House Entrance, West Hartford, CT***

**Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Address:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**City/State/Zip:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Phone:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Email:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

For a tax-deductible donation, please make a check out to:

**Saint Francis Foundation**

Donation Amount: \_\_ 100.00 \_\_\_50.00 \_\_\_25.00 Other: \_\_\_\_\_\_\_\_\_\_\_

Event details:

* Registration begins at 8:30 am across from the Pond House in Elizabeth Park.
* Walk will begin at 9:00 am, light rain or shine!
* Walk Hot Line: Call 860-714-4538 for questions, recorded updates/cancellations.

Multiple ways to register:

* Mail in this form, signed waiver and check to: **Saint Francis Foundation, 95 Woodland Street, 2nd Floor, Hartford, CT 06105**
* Register online at <https://giving.saintfrancisdonor.com/cardiac-rehab-walk>
* OR, **print out the waiver and give it to the rehab team at SFH or at the walk**. Credit cards are accepted online.

**OVER FOR WAVIER**